

TIPS FOR A SAFER INTERNET

Smart Parenting in a Digital World

Parenting in the digital age offers endless learning and entertainment opportunities for kids — but also new risks. The good news? You can take steps to keep them safe.

Follow these tips to protect your children and create a safer internet:



TURN ONLINE SAFETY INTO A GAME

and check out the [European Union's Resource Directory](#) for games and activities to engage with your kids!



STAY ON TREND

when talking to kids about internet safety, use examples that they may relate to like memes or their favorite show.



LIMIT SCREEN TIME

to encourage a healthy balance with other activities. Spend device-free quality time together to connect without distractions.



FILTER INAPPROPRIATE CONTENT

and prevent your children from accessing unsuitable or explicit material.



RESTRICT APP DOWNLOADS OR PURCHASES

to make sure what your kids are accessing is age-appropriate.



MONITOR ONLINE ACTIVITIES

to gain insights into the websites your children engage with, facilitating timely intervention.



SUPERVISE SOCIAL MEDIA

to keep an eye on posts, messages, and interactions to prevent cyberbullying and maintain online safety.



CUSTOMIZE SEARCH ENGINE RESULTS

by [enabling settings to filter results](#), ensuring a safer online exploration.



Set boundaries, and promote responsible digital behavior

Establish clear boundaries for overall screen time and specific app usage, ensuring they align with age-appropriate content ratings. Additionally, manage which devices can connect to your home network to enhance security and maintain better oversight.

#TogetherForABetterInternet